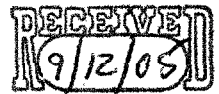


Notice is hereby given pursuant to the requirements of section 403(r)(6)(21 U.S. C. 343(r)(6) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Metagenics, Inc. with its principal place of business at 100 Avenida la Pata, San Clemente, California 92673, (949) 369-3372, has commenced marketing the following dietary supplements bearing the following statement(s) on the label and/or in the labeling:

METAGENICS BRAND

Name of Supplement	Name of Ingredient or Supplement that is Subject to the Claim	Text of Claim
Wellness Essentials™ for Men	Vitamin A (as beta-carotene), Vitamin A (retinyl acetate), Vitamin C (as ascorbic acid) Vitamin D (as cholecalciferol), Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols), Thiamin (as thiamin mononitrate), Riboflavin, Niacin (as niacinamide, niacin), Vitamin B6 (as pyridoxine hydrochloride), Folate (as folic acid, L-5-methyl tetrahydrofolate, 5-formyl tetrahydrofolate), Vitamin B12 (as cyanocobalamin), Biotin, Pantothenic Acid (as d-calcium pantothenate), Calcium (as calcium citrate, MCHCs, calcium glycinate), Phosphorus (as MCHC), Iodine (as potassium iodide), Magnesium (as magnesium bis-glycinatess, magnesium citrate), Zinc (as zinc arginatess, zinc glycinate, zinc histidinatess), Selenium (as selenium aspartate), Copper (as copper lysinatess), Manganese	Wellness Essentials™ for Men is designed to provide foundation nutrition with an additional focus on enhancing vitality and performance. Athletes, those with an active lifestyle, and mature men concerned with maintaining strength, stamina, and healthy sexual function will feel the <i>Wellness Essentials</i> difference. A specialized, concentrated blend of the highest quality Ayurvedic botanical extracts featuring beneficial levels of tribulus fruit extract—a key herb used traditionally to support male libido and healthy sexual function. In combination with cowage seed and ashwagandha root extracts, this formula promotes vitality and strength. Features a highly absorbable form of zinc/true amino acid chelate to help maintain prostate and male reproductive health. A



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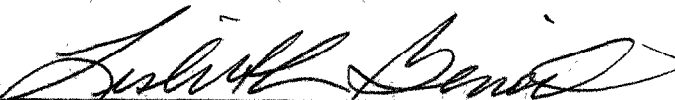
	<p>(manganese glycinate), Chromium (as chromium dinicotinate glycinate), Molybdenum (as molybdenum aspartate), Potassium (as potassium aspartate), Betaine HCl, Choline (as choline bitartrate), Inositol, L-Glutamine, Citrus Bioflavonoid Complex, <i>para</i>-Aminobenzoic Acid (PABA), Vanadium (as vanadyl sulfate), Quercetin Dihydrate, Alpha-Carotene, Cryptoxanthin, Zeaxanthin, Lutein, Gamma Tocopherol (as mixed tocopherols), EPA (Eicosapentaenoic acid), DHA (Docosahexaenoic acid), A Proprietary Extract Blend of: Tribulus Fruit 10:1 Extract (<i>Tribulus terrestris</i>) (containing saponins), Ashwagandha Root 5:1 Extract (<i>Withania somnifera</i>) (containing withanolides), Cowage Seed 10:1 Extract (<i>Mucuna pruriens</i>)</p>	<p>mineral with multiple physiological benefits, zinc is also important for energy metabolism and immune support.</p> <p>An ultra-concentrated, purity-certified source of EPA and DHA—essential omega-3 fatty acids from cold water fish oil that are an important part of foundation nutrition and directly affect cardiovascular health, as well as nervous system and immune system function. It features a broad spectrum of essential nutrients that include ActiFolate®—a proprietary blend of active folates—patented mineral amino acid chelates, ratiobalanced B vitamins, quercetin, and Caroxan™—a proprietary blend of beta-carotene and Betatene® mixed carotenoids for specialized, balanced antioxidant protection.</p>
Testralin™	<p>Vitamin D (as cholecalciferol), Folate (as folic acid), Vitamin B6 (as pyridoxine HCl), Vitamin B12 (as methylcobalamin), Zinc (as zinc citrate), Selenium (as selenomethionine), Soybean Concentrate Total Isoflavones (containing all forms of genistin, daidzin, and glycitin), Phytosterols (containing beta-sitosterol, stigmasterol, campesterol, and other plant sterols), Lignans [as secoisolariciresinol diglucosides, (SDG)] [flaxseed extract (<i>Linum</i></p>	<p>Testralin™ is a formula for men designed to support healthy testosterone balance. Through its influence on aromatase and sex hormone-binding globulin (SHBG), this formula helps to maintain healthy levels of free testosterone and modulates the conversion of testosterone into estrogen. It also helps to inhibit the formation of dihydroxytestosterone (DHT). Featuring premium quality green tea, flax lignans, and plant sterols, Testralin helps to maintain</p>

	usitalissimum)], Green Tea Leaf Extract Decaffeinated (<i>Camellia sinensis</i>) [catechins epigallocatechin gallate (EGCG)], Oleanolic Acid (from olive leaf extract, <i>Olea europaea</i>), Turmeric Rhizome Extract (<i>Curcuma longa</i>), Lycopene, Betaine (as betaine HCl)	prostate and male reproductive health.
ChloroClear™	Sodium Copper Chlorophyllin	ChloroClear™ helps to protect the body against dietary and environmental toxins by inhibiting their absorption and promoting their removal.

THE UNDERSIGNED CERTIFIES THAT THE INFORMATION CONTAINED IN THIS NOTICE IS COMPLETE AND ACCURATE AND THAT METAGENICS, INC. HAS SUBSTANTIATION THAT THE STATEMENTS CONTAINED HEREIN ARE TRUTHFUL AND NOT MISLEADING.

Date 9/2/05

Metagenics, Inc.

BY: 
Lisbeth Benoit, M.S., C.N.S.
Senior Regulatory Affairs Analyst